**S.H.A.P.E. Book - Student Guide**

**Chapter 3: Heart - Discovering Your True Passion**

**Looking At:** Read 1 Colossians 3:23-24

**Looking In:**

* **Let your heart beat for God!**
  + What is the significance of what Kay Warren accomplished?
  + What are some things that Kay Warren had to do to fulfill her purpose?
  + What are the five passion principles that can inspire us to dream big?
* **What drives you?**
  + Answer the “Ask Yourself” questions on pg 45
    - What do my dreams and desires drift toward?
    - What do I really want to do for God?
    - What motivates me to take action?
    - What do I crave?
* **Who do you care about?**
  + Answer the “Ask Yourself” questions on pg 47
    - Who do I feel I can most profoundly influence for God?
    - What age range do I feel led to minister to?
    - What group do I feel led to serve?
    - How could I impact them in a way that maximizes my gifts?
* **What needs will you meet?**
  + What does 2 Corinthians 1:4 mean to you?
  + What painful experience has God helped you overcome?
  + In what ways could you help someone meet the following needs:
    - Spiritual
    - Physical
    - Relational
    - Emotional
    - Educational
    - Vocational
  + Answer the “Ask Yourself” questions on pg 49
    - What are the top 2 needs I love meeting?
    - Why do I love meeting these needs?
    - What lessons have I learned that I could pass on to others?
* **What cause will you help conquer?**
  + List at least 3 or 4 causes that are of interest to you?
  + Answer the “Ask Yourself” questions on pg 50
    - What cause or issue makes your heart race?
    - Where could I make the greatest impact for God?
    - If time wasn’t an issue to what cause would I donate myself?
* **What dream will you fulfill?**
  + What impacted you from Brandon’s story?
  + Answer the “Ask Yourself” questions on pg 52
    - What pursuit would release the passion in my life for God?
    - What God-centered dreams can I identify that have been buried by life?
    - What would I attempt to do for God with the rest of my life?

**Grabbing Hold:**

What did this chapter show you about emotional heartbeat?

Paint a word portrait of the emotional heartbeat God has given you

What 2 action steps can you take in the next month to let your heart beat for God?

**Standing Out:** What from this chapter really stood out to you?

**Chapter 4: Abilities - Discovering What You Are Naturally Good At**

**Looking At:** Read Romans 12:6

**Looking In:**

* God has given you incredible strengths
  + What are some of your natural abilities?
  + What does the Max Lucado excerpt mean to you? (pg 58, 59)
* **Embracing what you love to do:**
  + Complete the section on pg 62-64 to identify the things you love.

* **Expressing what you love to do**
  + Complete the questions from this section:
    - Home
    - At Work
    - At Church
    - In your Small Group

**Grabbing Hold:**

What have you learned about God and how he wants you to apply your abilities?

Write God a Thank you Note for the natural abilities he has graced you with.

What 2 people can you connect with this week to review the things you love to do?

What are 2 action steps you can take in this next month to better express what you love to do?

**Standing Out:** What from this chapter really stood out to you?