**S.H.A.P.E. Book - Student Guide**

**Chapter 3: Heart - Discovering Your True Passion**

**Looking At:** Read 1 Colossians 3:23-24

**Looking In:**

* **Let your heart beat for God!**
	+ What is the significance of what Kay Warren accomplished?
	+ What are some things that Kay Warren had to do to fulfill her purpose?
	+ What are the five passion principles that can inspire us to dream big?
* **What drives you?**
	+ Answer the “Ask Yourself” questions on pg 45
		- What do my dreams and desires drift toward?
		- What do I really want to do for God?
		- What motivates me to take action?
		- What do I crave?
* **Who do you care about?**
	+ Answer the “Ask Yourself” questions on pg 47
		- Who do I feel I can most profoundly influence for God?
		- What age range do I feel led to minister to?
		- What group do I feel led to serve?
		- How could I impact them in a way that maximizes my gifts?
* **What needs will you meet?**
	+ What does 2 Corinthians 1:4 mean to you?
	+ What painful experience has God helped you overcome?
	+ In what ways could you help someone meet the following needs:
		- Spiritual
		- Physical
		- Relational
		- Emotional
		- Educational
		- Vocational
	+ Answer the “Ask Yourself” questions on pg 49
		- What are the top 2 needs I love meeting?
		- Why do I love meeting these needs?
		- What lessons have I learned that I could pass on to others?
* **What cause will you help conquer?**
	+ List at least 3 or 4 causes that are of interest to you?
	+ Answer the “Ask Yourself” questions on pg 50
		- What cause or issue makes your heart race?
		- Where could I make the greatest impact for God?
		- If time wasn’t an issue to what cause would I donate myself?
* **What dream will you fulfill?**
	+ What impacted you from Brandon’s story?
	+ Answer the “Ask Yourself” questions on pg 52
		- What pursuit would release the passion in my life for God?
		- What God-centered dreams can I identify that have been buried by life?
		- What would I attempt to do for God with the rest of my life?

**Grabbing Hold:**

What did this chapter show you about emotional heartbeat?

Paint a word portrait of the emotional heartbeat God has given you

What 2 action steps can you take in the next month to let your heart beat for God?

**Standing Out:** What from this chapter really stood out to you?

**Chapter 4: Abilities - Discovering What You Are Naturally Good At**

**Looking At:** Read Romans 12:6

**Looking In:**

* God has given you incredible strengths
	+ What are some of your natural abilities?
	+ What does the Max Lucado excerpt mean to you? (pg 58, 59)
* **Embracing what you love to do:**
	+ Complete the section on pg 62-64 to identify the things you love.

* **Expressing what you love to do**
	+ Complete the questions from this section:
		- Home
		- At Work
		- At Church
		- In your Small Group

**Grabbing Hold:**

What have you learned about God and how he wants you to apply your abilities?

Write God a Thank you Note for the natural abilities he has graced you with.

What 2 people can you connect with this week to review the things you love to do?

What are 2 action steps you can take in this next month to better express what you love to do?

**Standing Out:** What from this chapter really stood out to you?