

S.H.A.P.E. Book - Student Guide

Chapter 3: Heart - Discovering Your True Passion

Looking At: Read 1 Colossians 3:23-24

Looking In:

★ **Let your heart beat for God!**

- What is the significance of what Kay Warren accomplished?

- What are some things that Kay Warren had to do to fulfill her purpose?

- What are the five passion principles that can inspire us to dream big?

★ **What drives you?**

- Answer the “Ask Yourself” questions on pg 45
 - What do my dreams and desires drift toward?

 - What do I really want to do for God?

 - What motivates me to take action?

 - What do I crave?

★ **Who do you care about?**

- Answer the “Ask Yourself” questions on pg 47
 - Who do I feel I can most profoundly influence for God?

 - What age range do I feel led to minister to?

 - What group do I feel led to serve?

 - How could I impact them in a way that maximizes my gifts?

★ **What needs will you meet?**

- What does 2 Corinthians 1:4 mean to you?

- What painful experience has God helped you overcome?

- In what ways could you help someone meet the following needs:
 - Spiritual
 - Physical
 - Relational
 - Emotional
 - Educational
 - Vocational

- Answer the “Ask Yourself” questions on pg 49
 - What are the top 2 needs I love meeting?

 - Why do I love meeting these needs?

 - What lessons have I learned that I could pass on to others?

★ **What cause will you help conquer?**

- List at least 3 or 4 causes that are of interest to you?

- Answer the “Ask Yourself” questions on pg 50
 - What cause or issue makes your heart race?
 - Where could I make the greatest impact for God?
 - If time wasn’t an issue to what cause would I donate myself?

★ **What dream will you fulfill?**

- What impacted you from Brandon’s story?

- Answer the “Ask Yourself” questions on pg 52
 - What pursuit would release the passion in my life for God?

 - What God-centered dreams can I identify that have been buried by life?

 - What would I attempt to do for God with the rest of my life?

Grabbing Hold:

What did this chapter show you about emotional heartbeat?

Paint a word portrait of the emotional heartbeat God has given you

What 2 action steps can you take in the next month to let your heart beat for God?

Standing Out: What from this chapter really stood out to you?

Chapter 4: Abilities - Discovering What You Are Naturally Good At

Looking At: Read Romans 12:6

Looking In:

- ★ God has given you incredible strengths
 - What are some of your natural abilities?

 - What does the Max Lucado excerpt mean to you? (pg 58, 59)

- ★ **Embracing what you love to do:**
 - Complete the section on pg 62-64 to identify the things you love.

- ★ **Expressing what you love to do**
 - Complete the questions from this section:
 - Home

 - At Work

 - At Church

 - In your Small Group

Grabbing Hold:

What have you learned about God and how he wants you to apply your abilities?

Write God a Thank you Note for the natural abilities he has graced you with.

What 2 people can you connect with this week to review the things you love to do?

What are 2 action steps you can take in this next month to better express what you love to do?

Standing Out: What from this chapter really stood out to you?